



# THE TOXIN TERMINATOR

*Prep Time: 50 seconds | Serves: 2*

## INGREDIENTS

- 3 small apples, chopped
- 1 small stick of celery
- 1 cup chopped cucumber
- 1 cup chopped spinach
- 1 cup chopped kale
- 1 cup of ice

## NUTRITION DATA

203 calories | 0.7g fat  
52.4g carbs | 2.7g protein  
9.3g fiber | 35.8g sugars  
37mg sodium

## STEPS

- 01** Blend all ingredients together until smooth.



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*Source: Outback Vision Protocol*